



2009 August Professional Webinar Series

Joint Council on International Children's Services
 Request for CE Credits – August Webinar Series
 Total CEs Requested - 4

Summary

The Joint Council August 2009 Webinar series will occur each of the four Thursdays in August. Each Thursday, participants will join a one-hour conference call to hear the content of that week's presentation. This conference call will be coupled with a PowerPoint presentation, either emailed in advance or viewed simultaneously via a conferencing software platform.

Proposal for Proving Participation/Collecting Payment

Joint Council will create an overall presentation evaluation that we email only to those participants who pay the \$25 CE fee. Upon completion of the entire Webinar series, we can compile these forms, tally and track the total requested hours for each participant and submit the documents to PsychoEducational Resources. Joint Council will cross-reference the forms received against the list of individuals who paid for CEs.

Webinar Schedule

August 6, 2009 3 p.m. to 4 p.m. Eastern	<i>Post-Adoption Nutrition</i> Julian Davies, MD and Cindy R. Kaplan, MS, SPOON Foundation
August 13, 2009 2 p.m. to 3 p.m. Eastern	<i>Opening Conversations and Offering Support: Parental Depression in the Post-Adoption Period</i> Karen J. Foli, PhD, RN, Purdue University School of Nursing
August 20, 2009 2 p.m. to 3 p.m. Eastern	<i>Finding HOPE for HIV+ Orphaned Children through Adoption</i> Leslie Raneri, MSSW, MPH Project HOPEFUL
August 27, 2009 2 p.m. to 3 p.m. Eastern	<i>Introduction to Adoption from U.S. Foster Care</i> Janice Goldwater, MSW, LCSW, Adoptions Together



Post-Adoption Nutrition

Julian Davies, MD, Center for Adoption Medicine at the University of Washington and Cindy R. Kaplan, MS, *SPOON* Foundation

CE credits (based on length of presentation): 1.0

Summary: Proper nutrition is essential for normal neurological and physical development, yet at least half the world's orphans are deficient in key micronutrients. Without enough vitamins and minerals the body becomes fatigued and vulnerable to a host of diseases and disorders. The stakes are particularly high for parentless children who rely on resiliency for survival. Even orphans who get placed with a family remain at risk for nutritional deficiencies after adoption. This presentation will provide insight into the nutritional deficiencies most likely to impact the health and development international orphans and adoptees, and suggestions for how to optimize children's nutrition post-adoption.

This webinar is designed to help participants:

Learning Objective 1: Evaluate how early nutrition can impact children's health and development, even into adulthood.

Learning Objective 2: Assess the greatest nutrition risks of international orphans and adoptees - and how to prevent and/or treat them.

Learning Objective 3: Evaluate the unique nutritional needs of internationally adopted children post-adoption in professional settings.

Intended Audience: Introductory-Advanced (All professionals in the field, from those just starting out to experienced practitioners, would benefit from this Webinar.)

Presenter #1:

Name: Julian Davies, MD

Organization: Center for Adoption Medicine at the University of Washington and *SPOON* Foundation

Bio: Julian is the co-director of the Center for Adoption Medicine at the University of Washington. He is also the editor of www.adoptmed.org, an online resource for medical and developmental issues in adoption. His interest in adoption comes from his years clowning, teaching children's theater, and leading summer camps with groups of Moscow orphans. In his clinical practice, he has an interest in integrative and nutritional approaches to neuro-developmental issues. He serves as a Medical Advisory Board Member for the *SPOON* Foundation.

Presenter #2:

Name: Cindy R. Kaplan, MS

Organization: *SPOON* Foundation

Bio: Cindy is a founder and the Executive Director of *SPOON* Foundation, a nonprofit organization that works internationally and domestically to improve orphan and adoptee nutrition (www.spoonfoundation.org). She has extensive experience in qualitative and quantitative research, strategic development and marketing. She has worked in strategic planning for Leo Burnett in Chicago; co-founded and sold WellNext, a corporate wellness consulting firm where she created new metrics for assessing individual and corporate wellness; and served as the first Marketing Director for a nutrition-driven food company, Enjoy Life Natural Brands, where she



helped to launch a national brand and lead a multifaceted campaign to raise awareness of food-related health conditions.



Opening Conversations and Offering Support: Parental Depression in the Post-Adoption Period

Karen J. Foli, PhD, RN, Purdue University School of Nursing

CE credits (based on length of presentation): 1.0

Summary: Post-adoption depression is a relatively new concept and area of discussion. However, early studies suggest that it's as prevalent, if not more so, than post-partum depression. During this Webinar, Dr. Karen Foli will provide a brief overview of media interest in post-adoption depression and thoughts on what this means to the adoption community, as well as empirical studies that have looked at parental post-adoption depression. Next, archetypical presentations of adoptive parents who become depressed will be presented. With the case study discussions, a comparison to postpartum literature and theory will be explained. Lastly, interventions to help assess and manage/treat post-adoption depression will be offered.

This webinar is designed to help participants:

Learning Objective 1: Describe the “evidence” surrounding and prevalence rate of post-adoption depression

Learning Objective 2: Analyze the different adoption situations and contexts that create more vulnerability to depression in adoptive parents and how these relate to parental expectations

Learning Objective 3: List at least four inventions to assess and mitigate post-adoption depression

Intended Audience: Introductory-Advanced (All professionals in the field, from those just starting out to experienced practitioners, would benefit from this Webinar.)

Presenter #1:

Name: Karen J. Foli, PhD, RN

Organization: Purdue University School of Nursing

Bio: Karen J. Foli, PhD, RN, is an assistant professor at the Purdue University School of Nursing in West Lafayette, Indiana. She is the coauthor of *The Post-Adoption Blues: Overcoming the Unforeseen Challenges of Adoption* (Rodale, 2004) and is currently analyzing the results of a web-based survey of adoption professionals' perceptions of post-adoption depression. Dr. Foli has been interviewed by journalists from *The New York Times*, *The Philadelphia Inquirer*, a major Israeli newspaper, *Haaretz*, and most recently for the *Globe and Mail* (Canada's largest newspaper) for articles discussing post-adoption “blues” and/or depression.



Finding HOPE for HIV+ Orphaned Children Through Adoption

Leslie Raneri, MSSW, MPH Project HOPEFUL

CE credits (based on length of presentation): 1.0

Summary: As of the end of 2007, it was estimated that 2 million children were living with HIV, primarily in Africa and Asia, but in every region of the world. Although many of those children have families who could care for them, orphaned children with HIV are vulnerable to inadequate care, inadequate shelter, and like all children, need the love of families to thrive in life. This presentation will help adoption professionals, advocates, and potential families understand the situation of orphaned children with HIV, how to make families aware of children with HIV who are waiting to be adopted, and how the adoption and immigration process currently differs for those adopting children with HIV.

This webinar is designed to help participants:

Learning Objective 1: Assess the unique needs of orphaned children with HIV, of prospective parents thinking about adopting children with HIV, and of the hope that adoption provides for HIV+ orphaned children and their adoptive families.

Learning Objective 2: Navigate the current differences in the adoption and immigration process for children with HIV and how agencies and families can step over these barriers.

Learning Objective 3: Apply information given during webinar to access resources and additional information for themselves and prospective families as they pursue helping orphaned children with HIV to find loving adoptive families.

Intended Audience: Introductory-Advanced (All professionals in the field, from those just starting out to experienced practitioners, would benefit from this Webinar.)

Presenter #1:

Name: Leslie Raneri

Organization: Project HOPEFUL

Bio: Leslie Raneri, LCSW, MPH, has spent her life working on HIV/AIDS and other health and social service issues. As an adoptive mother of daughters from Ethiopia and Haiti and as a founding member of Project HOPEFUL www.projecthopeful.org, she has seen the growing openness of adoptive families to adopt children with HIV/AIDS. She hopes that adoption agencies and others will consider how they may expand the work they are doing to find families for vulnerable, orphaned children.



Introduction to Adoption from U.S. Foster Care

Janice Goldwater, MSW, LCSW, Adoptions Together

CE credits (based on length of presentation): 1.0

Summary: There are more than 100,000 children in the United States waiting to be adopted. This workshop will provide an overview of the demographics of these children and what it takes to facilitate a successful adoption program. An overview of recruitment strategies, training, home study, matching and post-adoption services necessary to run a successful program will be covered. The presenter will focus on how to take the skills of international adoption and translate them into doing domestic foster care adoption, as well as identify additional skill sets that will need to be developed.

This webinar is designed to help participants:

Learning Objective 1: Describe the demographics of the waiting U.S. children and best practice advocacy efforts for prospective parents in order to make appropriate matches.

Learning Objective 2: Apply the specifics of parent preparation and training for adopting children out of foster care, as well as special issues related to the adoption home study and matching process.

Learning Objective 3: Define well researched application methods and post-adoption needs of this population of children, including trauma and attachment work, ongoing relationships with birth families and grief and loss.

Intended Audience: Introductory-Advanced (All professionals in the field, from those just starting out to experienced practitioners, would benefit from this Webinar.)

Presenter #1:

Name: Janice Goldwater, MSW, LCSW-C

Organization: Adoptions Together

Bio: Janice Goldwater began her career as a social worker as a marriage and family therapist before moving into child welfare in 1984. She holds a B.A. in Sociology from Ithaca College and a Masters degree in Social Work from the George Warren Brown School of Social Work at Washington University. Ms. Goldwater is married and the mother of four children. In 2002, she and her husband adopted their youngest child at the age of 10.

In 1990, Ms. Goldwater founded Adoptions Together, a non-profit organization that finds loving adoptive families for children in need of a home. At the time, there was little hope that medically fragile infants whose birth families could not care for them would quickly find their way to loving adoptive homes. African American infants waited for years in temporary placements because there were so few resources available to them. Families who had already adopted had no place to turn when their children asked difficult questions and struggled with adoption issues.

Since founding Adoptions Together, Ms. Goldwater has led her non-profit agency's efforts to find permanent adoptive homes for more than 2,000 children. She has fostered a child-centered approach to adoption that welcomes all children-regardless of their age, health, or race.



Ms. Goldwater has nurtured her agency's development of family-strengthening programs that make counseling, education and support available to all birth parents, adoptive families, educators and family health professionals. Additionally, Adoptions Together provides counseling and other help to women facing unplanned pregnancies, whether or not they chose adoption for their child.

Adoptions Together offers its programs devoted to building families and keeping them strong from offices in Maryland, Virginia, Washington, DC and Moscow, Russia.